



COACH	Action	Pre requirements	Min. conditions to complete	Hours			Certificate	Practice of Coaching***	Certificate validity*	Certification confirmation**			Certifications			International Certification CPPC
				Class room	Individual	Other				Practice of Coaching***	Continuing training	Letters of recommendation	LTC	APCOACHING	ISPC	
													National	National	Internacional	
	COA I	>18years	80% attend.	28	3	30	Attendance					Attendance	X	Recognizes	Total number of Hours 191	
	12 months to complete COA I					61										
	COA II	>21years	90% attend.	48	4	40	Attendance					Attendance	X	Recognizes		
	9 months to do CPPC Exam															
	CPPC Exam	COA II Full course (+ mentoring)	passing the exam	8		30	CAC CPPC	>=50 (>75% paid)	Definitive 3 years	> = 150hours(>80% paid)	min 60ECU	2 letters	X X	CAC CPPC		
						130										
	COA III	>27years	100% attend.	10	8	61	Attendance						X	Recognizes		
	12 month to do CPMC Exam															
	CPMC Exam	COA III full course CPPC	passing the exam	8		42	CPC CPMC	>=250(>75% paid)	Definitive 5 years	> = 750hours(>80% paid)	min 120ECU	3 letters	X X	CPC CPMC		
						129										
TRAINER	CPCT	>25years	90% attend.	50	6	40	Attendance						Attendance	X	Recognizes	
	9 months to do CPCT Exam															
	CPCT Exam	CPCT Full course min. CPPC	passing the exam	10		45	CCT CPCT	>=150(Train.+Conf.)	Definitive 3 years	> = 450hours	min 90ECU	2 letters	X X	CCT CPCT		
							151									
	CMCT	>30years	100% attend.	22	10	10	Attendance						Attendance	X	Recognizes	
12 months to do CMCT Exam																
	CMCT Exam	CMCT Full course	passing the exam	10		50	CSCT CMCT	>=750(Train.+Conf.)	Definitive 5 years	> = 2 250hours	min 180ECU	3 letters	X X	CSCT CMCT		
						42										
	ECFL	>21years	90% attend.	20	2	10	Attendance						Attendance	X	CL	
						(30)****									32 (64)	
	ACS I	>21years and min CAC or equivalent	90% attend.	16	2	14	Attendance						Attendance	X	ACS I	
															32	
	ACS II	>21years e min. CPPC or equivalent	90% attend.	16	4	24	Attendance						Attendance	X	ACS II	
															44	

Notes

- * The validity of the certificate is counted from the date of announcement of the exam result
- ** The confirmation of a certification becomes a definitive certification.
- *** These practice hours are counted from the beginning of training (COA II)
- **** These additional hours are necessary to attende COA II

Courses		Certifications	
COA I	Level I - Coaching Fundamentals	CAC	Certified Associate Coach
COA II	Level II - The art and Practice of Coaching	CPPC	Certified Professional Practitioner Coach
COA III	Level III - Advanced Coaching	CPC	Certified Professional Coach
CPCT	Certified Professional Coaching Trainer Course	CPMC	Certified Professional Master Coach
ECFL	Executive Coaching for Leaders	CCT	Certified Coaching Trainer
ACS I	Advanced Coach Skills I	CPCT	Certified Professional Coaching Trainer
ACS II	Advanced Coach Skills II	CSCT	Certified Senior Coaching Trainer
		CMCT	Certified Master Coaching Trainer
Other			
LTC	Licensed Trainer Center		
ECU	Education Credit Unit		